

# TAILWINDS BICYCLE CLUB

May/June 2010 <http://www.tailwindsofsantamariabc.org> Editor: Diana Cantero  
Tailwinds of Santa Maria BC is a member of the Santa Maria Chamber of Commerce



## FROM THE PRESIDENT

I don't know how we are supposed to ride when it rains all the time? How do they do it back east in the snow, rain and cold? "Chewy" just doesn't like the rain and it seems that I am getting slower by not riding consistently. But I shouldn't complain. Most of the time we have great riding weather, especially compared to: Minnesota, Michigan, New York, Seattle, etc. Well, you get the idea, right? If the truth be known, rainy days give me a chance to give "Chewy" a nice cleaning. Boy is that a big job!..... If only my wife would help it wouldn't take so long to finish.

I would like to say a few words about my friend and past club president, Larry Moore.

Larry took over as club president of the Tailwinds Bicycle Club, years ago, after a big split in our club members resulted in the formation of two different bike clubs in town. If it hadn't been for Larry, I think the club would have disintegrated. He jumped in with his wife, Carol, as his right arm, and went to work keeping the club together. They made sure all the details of running the club were taken care of: insurance. ride schedules. The Windmill, club meetings and, also, at that time, the Holiday Halves.

When I started riding in the club, Larry was my mentor. He took me under his wing and showed me where I wanted to be as a bike rider. Then I decided "that old man is not going to beat me" but I would have trouble just trying to keep up with him. It seems like Larry was the Energizer Bunny. Even as I got strong enough to go faster than the "old man", I could never drop him. It didn't matter if the ride was 10 or 60 miles long, Larry just kept peddling.

Larry was the one who started the Guadalupe ride on Thursdays and, faithfully, he would show up: rain or shine. At the beginning there were mostly two or four riders but Larry was always there for his ride. That ride has since grown to 15 to 18 riders.

Larry has about 9 bikes in his garage and he sometimes shows up with a different bike for each ride. I think his favorite is "Friday", a fold up bike. He even has a spare bike "Friday". He can't resist a bike when he gets the urge to buy one.

As a very important member of our Tailwinds club, I could go on and on about Larry Moore. But enough said. Personally Larry, I want to thank you for all you've done for the club and, most of all, for your friendship.

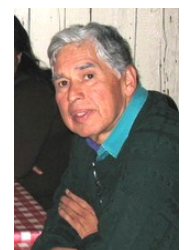
We had a show and go ride last Saturday, It was supposed to rain but it didn't so some club members went out on a short ride. It was a very enjoyable ride as it seems that all the riders were just conversing and enjoying the time together. We rode Long Dominion and had a good turnout. Sorry Peggy and Steve (LeDoux) for the missed communications. "Road Dog", Tom Murphy, also had his Harris Grade and Drum Canyon ride for the heartier riders that day. I'm not really ready for that one yet.

Look for our club's "Pulled Pork ride" in May. Janelle Hann is heading this one. It will be a potluck picnic at the end of the ride so call her up to find out what to bring as a side dish.

There is a ride for everybody in our club: Road biking, mountain biking, and the Wheelin' Warriors' shorter rides so there should be no excuses: (Hey Julie!!!)

Alright everybody, the weather is really getting better for riding, so air up the tires and get out there and ride. I will even let you draft me.

Dave Cantero  
President



## RIDE CALENDAR    MAY 2010

**ALL Tuesdays:**    Route to be determined by group    25-30 miles    Loading Dock    8:30 AM

**ALL Thursdays:**    Guadalupe    24 miles    Master's Donut    8:30 AM

**Please refer to pages 4 and 5 for ride descriptions**

**Questions about the rides should be directed to the Ride Leader or to Tim Brookshire: (805) 934-4755**

<u>DATE</u>	<u>LEADER</u>	<u>PHONE</u>	<u>DESTINATION</u>	<u>MILES</u>	<u>MEETING PLACE</u>
SATURDAY MAY 1	Jim Rainville	346-6019	RIDE #11 Extended Katherine Loop	29 Miles	9:00 Meet at Ocean Park, At end of Palomar Avenue. Shell beach
SATURDAY MAY 8	Peggy Ledoux <hr/> Cheryl Dettrick <hr/> Tom Murphy	831-233-0443 <hr/> 459-0608 <hr/> 934-3375	RIDE #14 Tour de Nipomo <hr/> Wheelin' Warriors An- nual Midland Ride <hr/> Casmalia to Vandenberg to Harris Grade	42.8 miles <hr/> 6-10 miles <hr/> 38.79 miles 2172 feet	8:30 Edwards Community Center <hr/> 9:30 Cool Hand Luke's See Pg 7 for directions <hr/> 8:30 Loading Dock
<b>TUESDAY MAY 11</b>	<b>CLUB MEETING</b>	<b>CLUB MEETING</b>	<b>CLUB MEETING</b>	<b>CLUB MEETING</b>	<b>7:00 Edwards Community Center</b>
SATURDAY MAY 15	John Phipps	343-5107	RIDE #8 Baywood Maya Restaurant	42 Or 34 miles	8:30 Start at Bob Jones Trail Head.
SATURDAY MAY 22	Janelle Hann	459-0608 <hr/> 720-1378	<b>Club Picnic</b> "Pulled Pork" at La Purissima		
SATURDAY MAY 29	Maureen Black Julie Coolidge	937-1519 934-4598	Goleta to Santa Clause Lane	20 to 25 miles one way. See page 5 for further instructions	<b>9:00</b> Drive is about 1 hour and 15 minutes from Orcutt.

## RIDE CALENDAR    JUNE 2010

**ALL Tuesdays:**    Route to be determined by group    25-30 miles    Loading Dock    8:30 AM

**ALL Thursdays:**    Guadalupe    24 miles    Master's Donut    8:30 AM

**Please refer to pages 4 and 5 for ride descriptions**

**Questions about the rides should be directed to the Ride Leader or Tim Brookshire: (805) 934-4755**

<u>DATE</u>	<u>LEADER</u>	<u>PHONE</u>	<u>DESTINATION</u>	<u>MILES</u>	<u>MEETING PLACE</u>
SATURDAY JUNE 5	Gary Shaw	922-6068	RIDE # 9 Huasna Ride	36Miles	9:00 Meet at the Gazebo in Arroyo Grande  <b>Bring plenty of water &amp; snacks.</b>
<b>TUESDAY JUNE 8</b>	<b>CLUB MEETING</b>	<b>CLUB MEETING</b>	<b>CLUB MEETING</b>	<b>CLUB MEETING</b>	<b>7:00 Edwards Community Center</b>
SATURDAY JUNE 12	Tiny Tim	934-4755	RIDE # 5 Santa Maria Mesa	28 Miles	8:30 Albertson's ( Clark & Bradley)
<b>NOTE: TWO RIDES AVAILABLE</b>	_____	_____	_____	_____	_____
	Tom Murphy	934-3375	Harris Grade to Drum Canyon to Cat canyon	55.57 miles 3215 feet	8:30 Loading Dock
SATURDAY JUNE 19			SHOW AND GO		8:30 Starbucks College And Betteravia
SATURDAY JUNE 26	Paul Huizinga	937-7640	RIDE # 6 Los Alamos Rambler	34 Miles	8:30 Albertson's . (Clark & Bradley) Clark See page 9 for details
		Register on ACTIVE See Page 11 for details	Gene Cerise Memorial Country Coast Classic Cambria		See page 11 For details

# Have you renewed your membership for 2010 yet?

## RIDE DESCRIPTIONS

**# 5**  
**Albertson's Tepuesquet 28 Mi.**

Albertson's ( Clark & Bradley) 8:30 for a ride down Clark , Dominion, Palmer, Foxen Canyon, Tepusquet, Santa Maria Mesa Dominion & back to Albertson's. About **28** miles.

R. Clark-----	4.0-----	4.0
R. Dominion-----	3.6-----	7.6
L. Palmer-----	2.5-----	10.1
R. Foxen Cny.-----	2.5-----	12.6
L. Tepusquet Rd.-----	1.2-----	13.8
L. Santa Maria Mesa Rd.--	4.5-----	18.3
R. Foxen Rd.-----	2.5-----	20.8
L. Dominion Rd.-----	3.2-----	24.0
L. Clark Av.-----	4.0-----	28.0

**# 6**  
**Los Alamos Rambler**

Meet at Albertson's 8:30.(Clark& Bradley) Clark , Dominion , Palmer, Hwy 101 & on down to Los Alamos for a coffee break & then back hwy. 135. About 34Mi.

R. Clark Av.-----	4.0-----	4.0
R. Dominion-----	3.5-----	7.5
R. Palmer-----	4.0-----	11.5
L. Hwy.101-----	3.0-----	14.5
R. Bell Street-----	1.7-----	16.2
Stop for coffee		
L. 135-----	12.1-----	28.3
R. Graziosa-----	4.1-----	32.4
R Rice Ranch Rd-----	1.0-----	33.4
L. Bradley Rd.-----	.5-----	33.9

**# 9 Huasna Ride 36 mi.**

Meet at the Gazebo in Arroyo Grande 9:00.  
31 miles

**Bring plenty of water & snacks.**  
**Come ride past the DINOSAURS**

R. To Mason St.-----	.1-----	.1
R. Mason St.-----	.3-----	.4
L. Allen St.-----	.2-----	.6
R. GardenSt.-----	.1-----	.7
L. Cherry St.-----	.1-----	.8
R. Branch Mill Rd.-----	2.1-----	2.9
R.Huasna Rd.-----	9.9-----	12.8
R.Hausna Township Rd.--	2.8-----	15.6

Reverse Route For Return: Total 31.2

**# 8 Baywood Maya Restaurant 42 Or 34 miles**

Start at Bob Jones Trail Head.

Take Hwy 101 to Avila Beach Dr. then Right on Ontario  
across bride to parking on right. Hard Route Easler Route

(Can also take a shorter route via Ontario Rd. to Higuera -----3.0)

( Higuera to Los Osos valley Rd.-----1.7-----4.7)

( Los Osos Valley Rd. to Perfumo Cny. Rd.----- 2.0-----6.7)

R. out of start to San Luis bay Dr.	1.0	1.0
L. San Luis Bay Dr. to See Canyon Dr.	.9	1.9
R. See Canyon Dr. to Los Osos Valley Rd.	12.6	14.5

1.6 mile climb after crossing cattle guard

**AT TOP OF CLIMB THERE IS 1 MILE DOWN HILL ON HARD**

packed dirt rd. then more steep up hills

L. Los Osos Valley to South Bay Blvd.	8.1	22.6-----8.1-----14.8
R. S. Bay Blvd. To Los Olivos Av.	.2	22.8-----.2-----15.0
L. Los Olovis to 11 <sup>th</sup> St.	.4	23.2-----.4-----15.4
R. 11 <sup>th</sup> St. El Morro Av.	.9	24.1-----.9-----16.3
L. El Morro Av. to 2 <sup>nd</sup> St.	.6	24.7-----.6-----16.9

**Maya Mexican on Left**

L. out of Maya to Santa Ysabel	.2	24.9-----.2-----17.1
R. Santa Ysabel to S. Bay Blvd.	1.0	25.9-----1.0-----18.1
R. S. Bay Blvd. To Los Osos	1.5	27.4-----1.5-----19.6
L. Los Osos to S. Higuera St.	10.0	37.4-----10.0-----29.6
R. Higuera St under 101 to Ontario Rd.	1.7	39.1-----1.7-----31.3
L. Ontario Rd. to Bob Jones Trail Head (START)	2.8	41.9-----2.8-----34.1

**# 11 Extended Katherine Loop 29 Miles**

Meet at Ocean Park, At end of Palomar Av. at Shell beach 9:00  
A beautiful ride through Shell Beach, Monty Rd. Bob Jones Trail  
To Avila Beach & return.

R. Ocean Blvd.-----	.3	.3
L. Placentia Av.-----	.3	.6
Frontage Rd.-----	1.0	1.6

**Cross under Hwy 101**

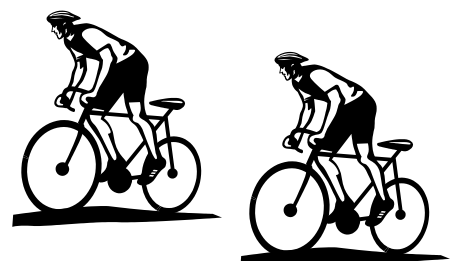
L. N. Frontage Rd.-----	2.0	3.6
Spyglass Dr. Under 101-----	.1	3.6
R.Shell Beach Dr.-----	1.4	5.0
R. Avila Beach Dr.-----	.1	5.1
L. Monty Rd. , veer R..2 mi.-----	1.2	6.3
R.Squire Cny. Rd.-----	.5	6.8

**Reverse Directions** ----- .7 7.5

R. Monty Rd.-----	1.2	8.7
Reverse Directions-----	1.1	9.8
R. San Luis Bay Dr.-----	1.2	11.0
R. See Cny.-----	4.0	15.0
Turn Around Black Walnut Cny.--	4.0	19.0
R. San Luis Bay Dr.-----	.5	19.5
R. Bob Jones Bike Trail-----	1.1	20.6
L. <b>Sharp left turn to cross bridge--</b>	.2	20.8
R. Avila Beach Dr.-----	1.6	22.4

**Lunch At Fat Cat**

L. Avila Beach Dr.-----	4.4	26.8
R. Shell Beach Dr.-----	2.0	28.8
R.Vista Del Mar Av.-----	.2	29.0
L. Ocean Blvd.-----	.1	29.1



# Have you renewed your membership for 2010 yet?

## RIDE DESCRIPTIONS

### #14 Tour De Nipomo

From Edwards Center 42.8 mi. 8:30

LEG	TOTAL
L. to Bull Cny. .5	.5
Bull Cny to Hwy 166 2.7	3.2
L. 166 to Hutton Rd. 3.3	6.5

	LEG	TOTAL
R. Hutton/Joshua/Orchard Rd. to Tefft	4.7	11.2
L. Tefft to Pomeroy Park ( at Library)	.1	<b>11.3</b>

**Short ride meet at library—9:00**

**From Nipomo Park to Pomeroy**

	LEG	TOTAL
L. on Pomeroy to Via Seco	<b>1.5</b>	<b>13.3</b>
R. on Via Seco (at vista robe tract) to Live Oak	.5	13.8
L. on Live Oak Ridge to Pomeroy	.1	13.9
R. on Pomeroy to Lynn Rd.	2.1	16.0

Straight ahead on Lynn Rd **REGROUP**

L. on Zenon Way	.1	16.1
R. on Ferndale Rd	.6	16.7
L. on Aloma Way	.4	17.1
R. on Halcyon	.3	17.4
L. on El Campo	.8	18.2
R. on Woodlands Hills Rd.-	.7	18.9

**REGROUP at flower garden**

South on Mesa View ( hwy 1) <b>CAUTION</b>	1.3	20.2
L. on Callender Rd ( <b>CAUTION</b> )	1.0	21.2
R. on Sheridan Rd	.3	21.5
L. on Laguna Negra	.5	22.0
R. on Guadalupe Rd	.2	22.2
L. on Willow	1.0	23.2

**CAUTION, TRAFFIC DOES NOT STOP**

Right on Via Concha Rd. **REGROUP**

Right on Trilogy into coffee stop	1.3	24.5
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**Exit coffee stop, straight ahead,**

Cross Via Concha, to Mesa	.3	24.8
L. on Mesa to Osage	2.4	27.2
<b>R.ON OSAGE TO EUCALYPTUS</b>	.5	27.7
R. on Eucalyptus to Via Alta Mesa	.1	27.8
L. on Via Alta Mesa to Callo Ceilo	6	28.4
L. on Calle Cielo to Camino Del Oro	.3	28.7
L. on Camino Del Oro to Calle Del Sol	6	
R. on Calle Del Sol to La Cumbre	.3	30.0
L. on La Cumbre Ln to Los Flores	.3	30.3
R. on Las Flores to Tefft	2	30.5
L. on Tefft into Park entrance by the Library	1.0	31.5
Long Ride Reverse route back	11.3	42.8

Maureen and Julie's  
Bike Goleta to Santa Claus Lane

behind the Goleta Costco across from Girsh Park  
Go to the following url to print a route map:

<http://www.usatf.org/routes/view.asp?rID=363880>

24.63 miles / 39.64 km

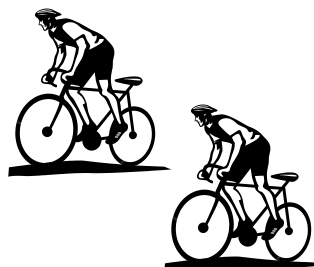
point-to-point, mostly flat, roads  
Very scenic bike route of over 20 miles one way. Most all sections good for running.

**Tom Murphy's Ride...May 8**

Casmalia to Vandenberg to Harris Grade  
38.79 miles  
2172 feet  
Meet at Loading Dock  
8:30am

**Tom Murphy's Ride....June 12**

Harris Grade to Drum Canyon to Cat canyon  
55.57 miles  
3215 feet  
Meet at Loading Dock  
8:30am



## **TAILWINDS MEMBERS DO THE SOLVANG REST STOP**

Sixteen of the Tailwinds' club members helped run the Solvang Century's Santa Maria rest stop at the Radisson Hotel parking lot, on Saturday, March 13th. The Solvang registered 4600 riders. In exchange for our help, SCOR, the agency that is in charge of the ride, placed our WINDMILL CENTURY flyers in their "goody bags". Everyone who helped with the rest stop said they had a great time and would be willing to do it again next year.



Sue Nunn gets ready for the 4600.



Julie Coolidge and Peggy LeDoux were in charge of the bananas.



Everyone was asking "Can you do something about the headwind?"



"Tiny" Tim Brookshire and John Klingensmith put up the new Tailwinds banner to advertise our club.



Jim Hosp tells Maia Lewis and Maureen Black how to cut the pineapples



The Fig Newtons were a big hit!

## **Annual Wheelin' Warriors Midland Ride Saturday, May 8**

Leave SM (Cool Hand Lukes) @ 9:30am, car pool to Midland/Family School in Los Olivos

Take 101 south to highway 154, 2 miles to Figueroa Mt road, 6 miles to Family School

Ride on Figueroa Mountain Road out and back - 6-10 miles. Those wanting a longer ride can climb Figueroa Mt (tough!) or make a ride around SYV.

BBQ (burgers) after the ride at The Family School - food served @ noon.

Return to SM about 2pm

## **MARK YOUR CALENDARS**

### **The Santa Maria Valley Boys and Girls Club and YMCA bring Ride for Youth**

To the Central Coast on Saturday, October 23, 2010

The Boys and Girls Club and Santa Maria Valley YMCA are coming together to provide the first Annual **Ride for Youth** 10/25 and 50 mile bike ride fundraiser for our youth October 23rd, 2010.

Bike route and registration forms will be available in June on our web-sites.

[www.smvymc.org](http://www.smvymc.org) or [www.bgcsmv.org](http://www.bgcsmv.org)

The event will start and culminate in Old Orcutt on the Will property next to Ulivetos and Tim Rooney's new Pub. There will be a fun atmosphere of music, wine tasting, food and vendors. A \$20 wristband will be available for purchase to anyone who wants to enjoy the festivities! The proceeds will go to both the Y and the B&G Club. Separate registration fees and sponsorships for the ride will be used to defray the costs of the event.

This is a community event that will not only bring together two premier and well-supported non-profits: It will serve the dual purpose of providing a fun family day for any and all who want to stop by and enjoy, whether or not they are participating in the ride. Please contact Brooks Wise, Committee Chair, @ 748-9312 if you need more information.



## **TAILWINDS HOLDS ITS FIRST BIKE GIVEAWAY OF 2010**

Miller Elementary School held its bike giveaway assembly on Friday, March 19th and Tailwind members were there to present the winners of the Tailwinds Bicycle Safety Essay contest with their new bikes, helmets and locks. Teachers at Miller selected the winning essays and a general assembly was held at which time the names of the winners were announced. Tailwind club members also gave a talk on safe riding, emphasizing the importance of always wearing a helmet and taking care of their bikes. Proceeds from THE WINDMILL CENTURY are used to purchase the bikes and equipment for donation to the children. Thanks to Central Coast Cyclery, in Orcutt, for providing the bikes and equipment to the Tailwinds at a discounted price.

## **WATER: FUEL FOR A GENERATION OF HOPE**

(Seeds of Hope is the orphanage that club member Karen Lake-Shampain supports and which Tailwinds has contributed to for the past two years.)

Each day, a parade of students lined the road to Twapia's Mabungo Elementary School, their voices and footsteps punctuating the early morning quiet. Like students everywhere, the children carried pencils, notebooks, and their mothers' reminders to have a good day. Unlike their counterparts in most other places, these students also carried water to school. The jerry cans and buckets these students brought from home were the school's only source of water. On days when the water they provided was not enough, classes were cancelled, classrooms locked up, and the students were sent home.

The answer to the school's dilemma can be found at:  
<http://www.sohip.org/April2010newsletter.html>



## WHAT DOES IT TAKE TO PUT ON THE WINDMILL CENTURY?

### INSURANCE RESPONSIBILITIES

The Club Treasurer is responsible for notifying the insurance company at least two weeks ahead of the event that we are holding the Windmill and approximately how many riders are registered.

Within two weeks after the event, the insurance company must be paid for each participant.

THE EVENT CAPTAIN, usually the Club's Vice President, obtains volunteers to act as Captains for the following activities:

- BBQ and Cleanup crew at Pioneer Park
- Course marking, route map
- 3 rest stops, lunch and the BBQ at the end of the ride
- Traffic/Safety control, Signs
- SAG and first aid kits
- Registration/ACTIVE
- Mechanics Station
- Portable John Reservations
- T-shirts designed and ordered
- Edit/print Waivers, winery approvals
- Vandenberg Request Form for Casmalia rest stop
- Sponsors/donations and pick up of donated products
- Purchase food for rest/lunch stops and BBQ
- Website maintenance
- Flyer distribution to Great Western, Wildflower, Solvang Century, other Century rides
- Website listings\*-place WINDMILL listing on as many websites as possible
- Volunteer Brunch day after the WINDMILL
- Advertising\* design/print flyers. Mail to bike clubs, bike shops, previous riders
- Day of Ride: SAG Captain
  - Track rider count for BBQ
  - Make sure excess food goes to lunch & BBQ
  - Sweep at end and report to BBQ crew when last rider is coming in.
- Insurance and park permits
- Overall database update and printout for flyers

We want to thank all of you who have volunteered to help put the 2010 WINDMILL CENTURY together. As you can see, it is a tremendous amount of work. Thanks to everyone's' efforts, the Tailwinds Bicycle club is able to put on its Bicycle Safety Essay program every year, donate to various charities and promote safe cycling in our community.

### CLUB MEMBERS

#### WANT TO BUY A 2010 WINDMILL EVENT T-SHIRT ?

contact Maia Lewis at  
email: lewisfamily904@verizon.net  
or 925-4751.  
Cost is \$7.00



# TAILWINDS BICYCLE CLUB

Of Santa Maria, CA

## MEMBERSHIP APPLICATION

www.tailwindsbc.org

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Emergency Contact Phone ( ) \_\_\_\_\_

Referred By: \_\_\_\_\_

Tailwinds Bicycle Club has a Club Roster and a newsletter that is sent to members on request.

\_\_\_\_\_ Send me a Club Roster.

\_\_\_\_\_ Send me a newsletter.

In the club roster DO NOT list my: \_\_\_\_\_ Address \_\_\_\_\_ Home Phone \_\_\_\_\_ Email Address

Do you wish to receive Club emails? \_\_\_\_\_ Yes \_\_\_\_\_ No

T-Shirt size: \_\_\_\_\_

### Membership Dues:

The Tailwinds Bicycle Club operates on an annual membership basis. All memberships run from January 1 to December 31. New members who join between September and December of one year will have a membership that lasts through the end of the following year.

TWO YEARS	ONE YEAR
_____ Single 2 year membership \$30.00	_____ Single 1 year membership \$15.00
_____ Family 2 year membership \$40.00	_____ Family 1 year membership \$20.00
_____ TOTAL	_____ TOTAL

Please sign the waiver on the reverse side and mail it together with a check made payable to:

**Tailwinds Bicycle Club of Santa Maria, Inc.**

**P.O. Box 48**

**Santa Maria, CA 93456**

**LEAGUE OF AMERICAN WHEELMAN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB")  
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

**And Tailwinds Bicycle Club of Santa Maria, Inc. Membership Confirmation**

The Tailwinds Bicycle Club of Santa Maria, Inc. (The CLUB) is a recreational, social, and sport cycling nonprofit organization committed to promoting safety, health, and fitness through the shared social activity of bicycling. This signed waiver represents membership in The CLUB. Hard helmets (CPSC, CE, ANSI or Snell-approved) are required, and, if you do not wear a specified hard helmet or sign this waiver, you are disqualified from the Ride you are on.

IN CONSIDERATION of my application and being permitted to participate in any way in TAILWINDS BICYCLE CLUB OF SANTA MARIA, INC.-sponsored Bicycling Activities ("Activity") I, hereby take action for myself, my personal representatives, my executors, administrators, assigns, heirs, next of kin, and successors:

1. ACKNOWLEDGE, agree, certify, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, in proper physical condition, and sufficiently trained to participate in such Activity, and have not been advised otherwise by a qualified medical person. I further acknowledge that the Activity will be conducted over public roads and facilities, open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of other individuals or entities participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; ( c ) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. ACKNOWLEDGE, agree, certify, and represent that I understand that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating &/or volunteering in this event I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault, including negligent rescue operations. I further acknowledge agree, certify, and represent to fully comply with the California Vehicle Code.

4. HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, AND COVENANT NOT TO SUE The CLUB, the LAB, and/or their respective administrators, directors, agents, officers, members, volunteers, and employees, representative, other participants, any event sponsors, event directors, event volunteers, event advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, [including but not limited to Lucas & Lewellen Vineyards, City of Santa Maria Parks & Recreation, Santa Barbara County Parks, and State of California CAL TRANS, (each considered one of the "RELEASEES" herein)] FROM ALL LIABILITY, FOR MY DEATH, DISABILITY, PERSONAL INJURY, PROPERTY DAMAGE, PROPERTY THEFT, OR ACTIONS OF ANY KIND WHICH MAY HEREAFTER ACCRUE (to me or my traveling to and from this event), CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. This WAIVER shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

5. HEREBY CONSENT to receive any medical treatment, x-ray exam, anesthetic, medical, dental or surgical diagnosis or treatment and hospital care, which is deemed advisable by and to be rendered under the general or special supervision of any physician and surgeon, licensed under the Provision of Medicine Practice Act, or any dentist licensed under the Dental Practice Act, whether such diagnosis or treatment is rendered at the office of said physician or dentist, at the hospital, or elsewhere, which may be deemed advisable in the event of injury, accident and or illness during this event. This authorization will remain effective while en route to or from involved or participating in the Windmill Century, Holiday Halves, Ragged Point Ride, or any other "CLUB" events, unless revoked in writing by undersigned and delivered to aforesaid CLUB.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

**I CERTIFY THAT I HAVE READ THIS RELEASE IN ITS ENTIRETY AND HAVE SIGNED BELOW.**

PRINT NAME	SIGNATURE	DATE

**PARENT OR GUARDIAN WAIVER FOR MINORS ( Under 18 years old) SIGN BELOW**

And I, the minor's parent and/or natural or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasee's from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

**I CERTIFY THAT I HAVE READ THIS RELEASE IN ITS ENTIRETY & HAVE SIGNED BELOW AS LEGAL PARENT OR GUARDIAN OF SAID MINOR.**

PRINT MINOR'S NAME	AGE	SIGNATURE OF PARENT/GUARDIAN	DATE

**Gene Cerise Memorial**  
**Country Coast Classic Bike Ride June 26, 2010**  
Register through ACTIVE.COM



Supporting the youth of Cambria is what this ride is all about. Since its inception in 2001, this has been a volunteer-driven event, with proceeds benefiting Cambria teens through the support of a teen community center. The tradition continues with this year's ride, in partnership with the San Luis Obispo County YMCA - which operates and coordinates programming for the Cambria Teen Center. The volunteers and heart of this event are about helping kids in Cambria. Please join us in building strong kids for our community.

**About This Ride:** This ride offers a great day of cycling fun along some of the most scenic coastline and hills in California. Beat the heat and enjoy the cool air and great scenery of the California Central Coast. Registration includes well-stocked rest stops, experienced SAG, delicious BBQ, and raffle ticket. Enjoy any of three great rides: Century (100 miles), 1/2 Century (50 miles) Short Ride (25 miles)

**The History of the Gene Cerise Memorial Country Coast Classic Bike Ride**

Gene Cerise was an avid cyclist and youth enthusiast, who loved Cambria and the Central Coast. In 2001 he organized the first "Country Coast Classic Bike Ride" as a fund-raiser for the Cambria Youth Center. Gene succumbed to leukemia in 2004 but his legacy continues. A team of committed volunteers are now at work planning for the 10th annual Gene Cerise Memorial Country Coast Classic Bike Ride in support of the youth of Cambria through support of the San Luis Obispo County YMCA Cambria Teen Center.

Ride leaves from staging area at Shamel Park. **Start Time: 7:00**.....See you there!



**CBC PROPOSES DRIVER LAW**  
*From : Cycle California Magazine.....April issue*

Careless drivers who injure bicyclists or other vulnerable road users would face special penalties under legislation sponsored by the California Bicycle Coalition (CBC).

The bill, drafted by San Francisco assembly member Tom Ammiano, requires that a careless driver who injures a vulnerable road user to face a judge and possible penalties ranging from traffic school and community service to a large fine and suspension of driving privileges. The penalties would apply to drivers who injure bicyclists, pedestrians, runners, roadway workers, farm equipment operators and other lawful roadway users who are particularly vulnerable to careless driving.

Deterrence and education are the goals of the bill, which is modeled after a law enacted in Oregon in 2007. Judges would be given the option to waive fines and license suspensions for drivers who complete traffic school and community service. The service requirement could include projects directly related to roadway safety.

The bill would close a gap in the law that often leaves drivers not found to be impaired or criminally negligent to face no more than a simple traffic ticket for seriously injuring a bicyclist or pedestrian. A driver who kills a bicyclist or pedestrian may face vehicular manslaughter charges.



**GOLDEN DONUTS,  
at Clark and Bradley, in Orcutt,  
for donating the delicious donuts we  
enjoy at our Club meetings.**



**BOARD OF DIRECTORS 2009**

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**WELCOME NEW MEMBER**

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**WINDMILL SUPPORTERS 2009**

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**NOT RECEIVING** club emails or a copy of the newsletter? It may be because we do not have your correct address. Please notify us of mail changes at our PO box or: Tailwinds@tailwindsofsantamariabc.org

**TAILWINDS BICYCLE CLUB**

**P.O. BOX 48**

**SANTA MARIA, CA 93456**

**IT'S MEMBERSHIP RENEWAL TIME**

The Tailwinds Bicycle Club operates on an annual membership basis. All memberships run from January 1 to December 31. New members who join between September and December of one year will have a membership that lasts through the end of the following year.

Single 1 year membership \$15.00 .....Family 1 year membership \$20.00

For your convenience: Application and waiver may be found on pages 9 and 10 of this newsletter and on our website: <http://tailwindsofsantamariabc.org>

Please sign both and return along with your check to:

TAILWINDS BICYCLE CLUB OF SANTA MARIA, P.O. BOX 48, SANTA MARIA, CA 93455

